

Dietitian Service

Dudley and Netherton PCN

Dietitians are trained health professionals who help people with their diet and nutrition, both individually and in the community.

We offer one to one face to face and telephone appointments at GP surgeries.

Dietary assessment & self-management advice with diet for:

Gastro conditions e.g. IBS,
Coeliac, Diverticular Disease,
Constipation.

Nutrition support – unintentional
weight loss through illness,
frailty.

Weight management – PCOS.

Diabetes & Prediabetes

Eating in menopause

Patients with lipid disorders

Cow's milk protein allergy

How can I access the service?

Speak to the reception team
to book an appointment.

Referral Criteria

**Aged children and
infants and 18+**

**Registered at a GP surgery in the
Dudley and Netherton PCN**